

SCREENING FOR FOOD INSECURITY

Providers can assess their patient's food insecurity by using this screening tool.

This tool uses a subset of two questions from the USDA Household Food Security Scale (HFSS).

These screens are designed to identify food insecurity in a family as a whole.

- **1.** Within the past 12 months we worried whether our food would run out before we got money to buy more **(YES/NO)**.
- **2.** Within the past 12 months the food we bought just didn't last and we didn't have money to get more **(YES/NO)**.

Affirmative answers to either one of these two questions increases the likelihood of food insecurity existing in the household and should precipitate further questioning.

SOURCE: Thundermist Health Center

womenshealthcouncil.org