



ASSIST: Second Hand Smoke

Parents can:

- Quit if already smoking
- Never smoke or allow others to smoke in the home, vehicle, or around children
- Teach children about the health risks of smoking and secondhand smoke
- Convey that they expect their children to not use tobacco
- Monitor their children's tobacco use

Doctors, nurses, and other providers can:

- Ask all patients and parents of pediatric patients whether they use tobacco, and advise those who do to quit
- Advise everybody to make their homes and vehicles 100% smoke-free 24/7
- Advise nonsmokers to avoid being exposed to secondhand smoke, especially if they are pregnant or have heart disease or respiratory conditions



**Women's Health
Council of RI**

www.womenshealthcouncil.org

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Tobacco Retailers can:

- Check the photo ID of any customer trying to buy tobacco products who appears to be 26 years of age or younger, and never sell any tobacco product to customer younger than 18 years of age

State and Community Leaders can:

- Consider the World Health Organization's MPOWER strategies in efforts to prevent and control tobacco use:

- M** Monitor tobacco use and prevention policies
- P** Protect people from tobacco smoke
- O** Offer help to quit
- W** Warn about the dangers of tobacco use
- E** Enforce bans on tobacco advertising
- R** Raise taxes on tobacco

Centers for Disease Control and Prevention, 2010